

# The Naked Voice Facilitator Training

## A THREE STAGE PROGRAMME

Depending on your life experience as a facilitator, teacher or group-leader in related areas this is a minimum 2 Year journey. You move through each stage at your own authentic pace with the support of a mentor who will meet you following the completion of your application form. Your mentor is a highly experienced NVF Graduate who will support you on a monthly basis to accomplish your mission to become a Naked Voice Facilitator.

For details of the NVF Mentors go to: [thenakedvoice.com/facilitators](http://thenakedvoice.com/facilitators) and click on the appropriate flag for your country.

### Stage 1 – Foundation Student

The following practises and tasks assist you in developing a basic understanding, intention and confidence in The Naked Voice principles and practices.

- 1) Chloe's two audio-books "Your Naked Voice" and "Awakening through Sound".
- 2) The completion of a CD (or mp3) demo: 3 – 6 songs/chants (your own or others).
- 3) A minimum of 2 Days silent retreat. This can also be a shared experience.

The audio-books are available from the Naked Voice online shop, or as downloads from SoundsTrue.com. A Voiceline with Chloe and your mentor, following the successful completion of 1-3 (above) signals the completion of this stage.

### Stage 2 – Trainee

You will be required to attend a minimum of one Five Day NV Retreat, as well as an annual silent retreat of a minimum of 3 days. Your mentor will offer guidance and support in co-creating this opportunity for a deeper self-inquiry and listening from within. You may choose to share this silent retreat with other NVF Trainees.

During Stage 2 you will develop the essential voice practices and deep listening skills that are at the heart of The Naked Voice. You will discover a unique faculty of attention called the witness consciousness, the ability to observe yourself and the world around you with a deepening acceptance, healing, forgiveness and gratitude.

As you build confidence in your authentic voice you will begin to explore the music of your soul, awakening the energies of love within you. Your mentor will guide you in the regular practice of meditative movement and spontaneous sound work, sacred mantras and devotional chants, the Seven Sounds of Love, One Breath One Voice, and Tenshingoso (Cycle of Life). You will integrate your vocal and sound awareness skills with the support of the **Naked Voice Self-Assessment Questionnaire**, which will help you to evaluate areas of expertise and areas calling for further development and focus.

When you are ready, and with the support of your mentor, you are welcome to try out what you are learning, voluntarily, with your NVF Trainee peers, friends, family, and colleagues during this time, to deepen your NV understanding. At a later stage, they may become interested enough to be willing candidates, to participate in ongoing informal sessions or groups with you.

You will explore with your mentor how best to keep an account of your experience (journal, blog, film etc) sharing the essential Naked Voice practices and skills. You will develop some focused regular NV case study work, with a minimum of 1-3 individuals and-or small groups. Your NVF mentor will gradually acknowledge your growing intention to become an apprentice.

You will be able to share and demonstrate your commitment to apprenticeship at one of the NVF Trainee weekends taking place throughout the year facilitated by Chloe and-or one of the NVF mentors.

*During Stage 2 you will participate in one or several Naked Voice Five Day Retreats.*

## Stage 3 – Apprentice

Following the positive impact of your Naked Voice practice and its influence on yourself, your peers, and others, throughout Stage 2 you are eligible to **become an accredited Naked Voice Facilitator Graduate through a process of apprenticeship.**

During this stage you will expand your service in the world, organising and running your own groups, working 1-1 with individuals and fulfilling a case study work program to be agreed with your mentor.

Chloe will invite you to submit an in-depth account of your work, with audio / visual evidence of your ability to embody and transmit the NV teachings. **During your apprenticeship year, you will be required to fulfil and submit a clear account of a minimum of 100 hours case study work as a NV Apprentice.** This can include anything from individual sessions to small group work and introductory day workshops.

**Following submission of your account of the 100 hours, Chloe and your mentor will acknowledge your successful completion of Stages 1 - 3.** Once Stage 3 is complete you are ready to be acknowledged publically as a fully-fledged NV Facilitator at a **Graduation Ceremony** to be held at the annual **The Naked Voice Five Day Spring retreat.**

## Naked Voice Facilitator Graduation

Once you have successfully completed Stages 1 – 3 you will attend the annual Naked Voice Five Day residential retreat where you will be accepted and celebrated as an official Naked Voice Facilitator capable of representing The Naked Voice principles and practices in the world. **This process can take anything from 1 to 7 years from your first NV Training Course.** NB *An account of estimated costs follows.*

# **NAKED VOICE FACILITATOR TRAINING COURSE REQUIREMENTS**

## **Some considerations for your reflection...**

Prior to embarking upon this unique Naked Voice facilitator training, we want you to have a good sense of the financial considerations to be made, in order that you can consciously climb on board knowing that you will be able to cover the cost of the Training.

Given the multi-faceted nature of the Naked Voice work, we estimate that it will take you a minimum of TWO - THREE YEARS to successfully fulfil the course requirements. If you start the NVF Training with much life experience and wisdom as a facilitator in a related field, it is possible you may complete the course within a shorter time. Most practitioners prefer to move at a steady pace, spending a longer period of time learning from each respective Stage 1-3. By Apprentice Stage 3 you know you are on the homeward run, so that last stretch may happen quite rapidly. However, every student, as with every naked voice, is unique of course and will work with the training according to their own gifts and life experience.

Along with your monthly mentoring you are required to have a minimum of four Voicelines with Chloe per annum. As well as the life-changing benefits that come to you as you evolve from Naked Voice Facilitator Trainee into NVF Graduate we encourage you now to complete the NVF Training as consistently as you can, as this will be more fulfilling for you.

Be aware that by Stage 3 (depending on your life experience) you may start to generate some income as a NVF Trainee which will also assist you financially along the way.

**With best wishes and I look forward to sharing this pioneering, transformative and life-changing work with you.**

**Chloe Goodchild**

On behalf of the Naked Voice Core Team and NV Facilitator Association (NVFA)  
And Tim Chalice our Naked Voice co-ordinator and administrator.

# THE NVF TRAINING

## A Summary of Estimated Costs (2-4 years)

Throughout the NVF Training process the following additional costs are to be considered:

**1) NVF TRAINING ADMISSION FEE - £100 one-off payment upon application**

**2) 2-4 FIVE DAY NV TRAINING RETREATS**

**Total Estimated Cost - £1500 - £3000**

NB These costs will be modified somewhat according to rising cost of living etc

Students may be required to attend more than four retreats depending on their needs for more in-depth experience of the work.

**3) REQUIRED COURSE PRODUCTS - CHLOE'S AUDIO BOOKS**

“Your Naked Voice” Download, £19.99

“Awakening Through Sound” 5 CDs/DVD, £40 +P&P

**NB From May 2015 Chloe's book “The Naked Voice”, Total Cost: £70 +P&P**

**4) VOICELINES WITH CHLOE - £25 per session**

Four Voicelines per annum (minimum) – Total estimated cost for two years: £200

**5) MENTORING SESSIONS - £25 per hour session**

12 (phone, skype or live) sessions per year with their personal mentor (NVF Graduate)

@ £25 for 40 mins or £20 for 30 mins (equivalent euros/dollars)

Total Cost per year: £240-300

Estimated cost for 2 years or more: £480-600 +

**6) ADDITIONAL PROCESS AND SKILLS SHARING WEEKENDS WITH GRADUATES OF THE NVF TRAINING (<https://thenakedvoice.com/facilitators/>)**

Minimum estimated cost: £50 per day, £100 per weekend (excl board & lodging)

These are optional workshops, but they are an essential way to gather deeper NV insights and experience about specific aspects of the Naked Voice curriculum e.g. musicianship skills, singing field triad work etc. Estimated cost £200-300 (for 2 or 3 years)

**OVERALL ESTIMATED COST TO BECOME A NVF STAR = £2500-£4200**

**For More Information about the NVF Trainee Weekends and 5-Day Trainings.**

**Contact: Tim Chalice, The Naked Voice. Email: [now@thenakedvoice.com](mailto:now@thenakedvoice.com)**

[www.thenakedvoice.com](http://www.thenakedvoice.com) / [www.shintaido.co.uk](http://www.shintaido.co.uk)

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